

I A C S

Illinois Association of Christian Schools



Athletic Handbook

ILLINOIS ASSOCIATION OF CHRISTIAN SCHOOLS

ATHLETIC HANDBOOK

AUGUST 2006

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ILLINOIS ASSOCIATION OF CHRISTIAN SCHOOLS

ATHLETIC HANDBOOK

ARTICLE 1 INTRODUCTION, PURPOSE & MISSION STATEMENT

Introduction

One of the many benefits of IACS membership is the participation in IACS athletics. This participation provides competition among Christian schools of like faith in a variety of sports. The goal of the IACS athletic program is to develop character and leadership in the lives of young men and ladies, so that they will take the lessons learned and use them in their lives for the Lord.

It is easy to allow athletic programs to get out of balance in Christian schools. The IACS must maintain a clear and appropriate philosophy of athletics. Athletics can be a vital part of an extra-curricular program, but it must not be the dominating aspect of a school. The primary goal of Christian education is to train young men and ladies in areas of service for the Lord. Any part of a school program that detracts from this goal is out of balance and must be modified. The leadership of the IACS encourages all IACS schools to keep this philosophy in mind as they interact with other schools and operate their respective athletic programs.

Purpose

The purpose of the IACS Athletic Handbook is to establish guidelines and procedures which will aid in the efficient and professional operation of the IACS state athletic program.

Mission Statement

The purpose of the IACS Athletic Program is to provide member schools with opportunities to use the arena of athletics to train young men and ladies for Christian

service, and to use athletic experiences as a foundation for learning valuable life-lessons.

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ARTICLE 2

ORGANIZATION

2.1 Executive Committee

The Executive Committee is the governing body of the IACS and is responsible for establishing/approving policies and guidelines for IACS activities. They are also responsible for appointing a state Athletic Director to oversee the athletic program throughout the year.

2.2 Athletic Director

The IACS Athletic Director serves as chairman of the Athletic Committee, and seeks to provide leadership for IACS athletic meetings, tournaments, and policy-making endeavors. The Athletic Director, representing the Athletic Committee, answers directly to the Executive Director(s), IACS President, and Executive Committee. It is important to note that the IACS is a member-operated organization that requires participation and input from all member schools concerning policy-making and general operation of the athletic program.

2.3 Athletic Committee

The Athletic Committee Meetings are open to all pastors, administrators, athletic directors, and coaches from IACS schools. The Athletic Committee meets approximately four times a year to determine tournament pairings, locations, and discuss other athletic-related issues. When a vote of the Athletic Committee is needed, each school shall have one vote. A majority vote is needed in order to submit proposals to the Executive Committee. The Athletic Committee will serve as an advisory board to the Executive Committee and will make recommendations regarding athletic policies and guidelines. These recommendations will be brought to the Executive Committee and general membership for action.

2.4 Athletic Appeal Board

The IACS Athletic Appeal Board shall consist of the IACS Athletic Director and two members of the IACS Executive Committee. The two members of the Executive Committee will be appointed yearly to handle appeals. The Athletic Appeal Board shall gather all relevant information from all parties involved and will make the final decision on any athletic-related issue (See Article 11.4).

2.5 Administrative Jurisdiction

The IACS has complete and final jurisdiction in determining and evaluating all member schools' compliance to athletic handbook and constitutional by-laws. IACS member schools are required to maintain and uphold all by-laws even during athletic contests with non-IACS schools.

2.6 Standardized Calendar

All IACS-sponsored State Tournaments and Sport Seasons shall be conducted on dates established in accordance with the standardized calendar developed by the National Federation of State High School Association. This calendar shall number the weeks of the year, with Week one (No. 1) being the first full week of July (Sunday through Saturday).

ARTICLE 3 MEMBERSHIP & ELIGIBILITY

3.1 General Membership

Membership in the IACS is determined by vote of the Executive Committee and the general membership of the IACS. Membership dues must also be paid prior to participating in IACS athletics. All schools have the option of payment in full at the beginning of the year or utilizing the payment plan. All member schools are eligible for post-season play subject to schedule requirements outlined in Article 7.3.

3.2 Academic Eligibility & Participation

A player's participation in IACS and non-IACS contests will be determined by the following academic guidelines. Each student:

- (a) Must maintain a C- average
- (b) Must be passing every course (no F's)
- (c) Must be taking a minimum of four credits

In addition, these four credits must be taken on-campus and grades must be checked at

least once every nine-week grading period. If a student attends an A.C.E school or other non-grade program, progress must be made at a standard level to be considered eligible. In special situations, such as a student taking a college-level course off-campus, the “on-campus requirement may be waived by the IACS office. These special situations should be brought to the attention of the IACS office immediately.

3.3 Age Requirements

- (a) A student competing on the Junior High level should not have reached his/her 15th birthday before August 15th of that year.
- (b) A student competing on the Senior High level should not have reached his/her 19th birthday before August 15th of that year.
- (c) Students are restricted to four years of eligibility at the varsity level from grades 9th-12th. If a player in the 8th grade or below plays on the varsity level, this participation will not count toward his/her high school eligibility.

3.4 Eligibility of Transfers

Students transferring to an IACS school will not be eligible for a ten-day calendar period if the transfer occurs during a school year. Those transferring at the beginning of a school year will be eligible immediately. If a transfer occurs where the apparent reason for the move is strictly athletic participation, that student shall be ineligible for the current school year.

3.5 School Post-Season Eligibility

Participation in post-season is contingent upon a schools compliance with the by-laws of the IACS Constitution and Athletic Handbook.

ARTICLE 4 GENERAL RESPONSIBILITIES

4.1 Athletic Handbook

It is the member schools’ responsibility to read the IACS Athletic Handbook for the purpose of determining policy and procedure for athletic participation. All rules governing participation in IACS contests are determined by the IACS. Unless specified

otherwise in this IACS Athletic Handbook, all rules and policies governing participation in IACS contests will be the same as those outlined in the Illinois High School Association (IHSA) Handbook. The IHSA also implements the rules and procedures for competition based upon those published by the National Federation of State High School Associations.

4.2 Athletic Meetings

It is the member schools' responsibility to attend the IACS Athletic Meetings. The IACS Athletic Committee meets approximately four times a year. The Athletic Meeting agenda typically involves: (1) the establishment of tournament brackets, (2) discussion of IACS athletic policies and procedures, and (3) voting on athletic policies to submit to the Executive Committee for approval. Each IACS school shall have one vote during the Athletic Meetings.

4.3 Insurance

Each player should be covered by insurance for IACS events. Each school is responsible for their own players, and each home team is responsible for proper insurance coverage of the facilities for the contest.

4.4 Physicals

Each IACS school must require annual physicals of each team member for all sports. A player must have a current physical (within a calendar year of the previous physical) before being allowed to participate in any practice (including practices beginning prior to school starting) or game. Records must be kept on file and updated annually for the protection of the schools.

ARTICLE 5 ATHLETIC CONTESTS

5.1 Contracts

It is recommended that all IACS contests be documented by using official IACS contracts. Contracts should be received by the following deadlines:

- (a) Fall Sports - Week 7 of the Standardized Calendar
- (b) Winter Sports - Week 19 of the Standardized Calendar
- (c) Spring Sports - Week 36 of the Standardized Calendar

If a contract is breached within one week (5 working days) of a contest, the offending school shall pay the opposing school the sum of \$150. If remuneration is not made, a grievance may be filed with the IACS office. This grievance shall be addressed and dealt with by the IACS Appeal Board.

5.2 Cancellations & Rescheduling

In the event of inclement weather or other scheduling conflict, cancellation and rescheduling matters are to be resolved by the athletic directors and/or administrators of both schools. Any game cancelled within 72 hours of the contest shall be considered a forfeit by the canceling team, unless the cancellation was a result of inclement weather or both schools agree to reschedule the contest. Every attempt should be made to reschedule a cancellation.

5.3 Admission Charges

It is the responsibility of the home team to establish admission charges for their athletic events. All IACS schools are asked to honor the free pass that is given to all IACS teachers and administrators at the beginning of the year (excluding tournaments). The IACS recommends that student prices not exceed \$1.50 and adult prices not to exceed \$3.00. Coaches, players, cheerleaders, and team personnel should be admitted free to IACS contests.

5.4 Game Management

It is the responsibility of the home team to assure that experienced and responsible individuals are used to manage the official clock and/or scorebook of a given contest. It is recommended that students not serve in these roles.

5.5 Crowd Control

It is the responsibility of each IACS school to maintain the appropriate Christian sportsmanship and attitude at IACS events. It is destructive to our Christian testimonies to have unruly fans being disrespectful to officials or cheering against the opponent. Please refer to Article 8 regarding Christian sportsmanship. In addition, mechanical

noisemakers are not allowed in the gym during games. Pep bands are asked to play only before the game and during time-outs. If music is played during warm-ups, please make sure that the choice of music would not be offensive to those in attendance.

5.6 Game Reports

The purpose of game reports is to document any yellow/red card or technical foul that may occur during an athletic contest. Game reports should be faxed or post-marked by both schools involved within 24 hours if the offense occurred Monday through Thursday. If the offense occurs Friday or Saturday, game reports should be faxed or post-marked by both schools by the following Monday. Please refer to Article 9 for policies regarding Intolerable Offenses.

5.7 Officials

- (a) All varsity contests must be officiated by registered, recognized, or certified IHSA officials. This requirement may be waived, although not recommended, if both schools agree. It is the responsibility of the home team to contact the opposing team (prior to the opposing team's departure) if unregistered officials must be used or an inadequate number of officials are scheduled. The visiting team has the right to refuse to play if registered officials can not be secured. In this case, every attempt should be made to reschedule the event with registered officials. If rescheduling is not possible, then the home team shall forfeit the contest. Once two IACS schools agree to play, the outcome of that contest is final.

It is also recommended that lower-level contests (JV and below) be officiated by registered, recognized, or certified IHSA officials. All state tournaments must be officiated by registered, recognized, or certified IHSA officials.

- (b) Officials for any IACS contest must not be:
 - (1) Affiliated with or employed by the school/church.
 - (2) Related to students or school/church staff.
"Related" shall be defined and include the following: spouse, mother, father, son, daughter, brother, sister, grandmother, grandfather, aunt, uncle, etc.
 - (3) An alumnus of either school.
- (c) Two officials are required for varsity soccer, volleyball, and basketball contests.

- (d) An official in any sport may not work more than three home games per level for an IACS school in a given season (excluding tournaments). If officials are scarce, please refer to Article 5.7 (a).

ARTICLE 6 GENERAL PARTICIPATION GUIDELINES

6.1 Standardized Calendar

- (a) All IACS-sponsored State Tournaments and Sport Seasons shall be conducted on dates established in accordance with the standardized calendar developed by the National Federation of State High School Association. This calendar shall number the weeks of the year, with Week one (No. 1) being the first full week of July (Sunday through Saturday).
- (b) Any post-season competition that occurs later than the season deadline must be pre-approved by the IACS Athletic Director.

6.2 Rules Governing Play

- (a) All rules for governing play during IACS contests will be those established by the National Federation of High School Associations. All member schools should have a current copy of the “Rules Book” for each sport. The National Federation publishes a new edition each year.
- (b) Co-ed teams are not permissible in the IACS.

6.3 Season Limitations for Soccer

- (a) No school belonging to this Association shall organize its Soccer team, practice or participate in interscholastic contests earlier than Monday of Week 5 or later than Saturday of Week 17 in the IACS Standardized Calendar.
- (b) No Soccer team representing a member school shall, in any one season, participate in more than:
 - (1) Seventeen (17) matches and 2 tournaments, exclusive of the IACS tournament.

(2) Sixteen (16) matches and 3 tournaments, exclusive of the IACS tournament.

(3) Fifteen (15) matches and 4 tournaments, exclusive of the IACS tournament.

6.4 Season Limitations for Volleyball

(a) No school belonging to this Association shall organize its Volleyball team, practice or participate in interscholastic contests earlier than Monday of Week 5 or later than Saturday of Week 17 in the IACS Standardized Calendar.

(b) No Volleyball team representing a member school shall, in any one season, participate in more than:

(1) Seventeen (17) matches and 2 tournaments, exclusive of the IACS tournament.

(2) Sixteen (16) matches and 3 tournaments, exclusive of the IACS tournament.

(3) Fifteen (15) matches and 4 tournaments, exclusive of the IACS tournament.

6.5 Season Limitations for Basketball

(a) No school belonging to this Association shall organize its Basketball team, practice or participate in interscholastic contests earlier than Monday of Week 18 or later than Saturday of Week 35 in the IACS Standardized Calendar.

(b) No Basketball team representing a member school shall, in any one season, participate in more than:

(1) Twenty-six (26) games and 1 tournament, exclusive of the IACS tournament.

(2) Twenty-three (23) games and 2 tournaments, exclusive of the IACS tournament.

(3) Twenty (20) games and 3 tournaments, exclusive of the IACS tournament.

(4) Seventeen (17) games and 4 tournaments, exclusive of the IACS tournament.

6.6 Season Limitations for Baseball

(a) No school belonging to this organization shall organize its Baseball team, practice or participate in interscholastic contests earlier than Monday of Week 36 or later than Saturday of Week 46 in the IACS Standardized Calendar.

(b) No Baseball team representing a member school shall, in any one season, participate in more than:

Thirty-five (35) games, exclusive of the IACS tournament.

6.7 Cheerleading

The IACS allows cheerleaders at any athletic event. All cheerleaders should wear full culotte-style skirts or skirt-style culottes that come to at least the top of the knee in length. Cheerleaders must also wear a spandex-style garment underneath the uniform and

be modest in their routines. In addition, music and/or dance steps are not allowed. All cheerleading activities shall be conducted in accordance with the Spirit Rules published by the National Federation of State High School Associations.

Cheerleading practice must coincide with the season and dates of the sport in which the cheering will occur.

6.8 Season Limitations for Non-Tournament Sports

In sports where there is no state tournament, e.g., golf, wrestling, and softball, the IHSA guidelines shall be used to determine season limitations.

6.9 Summer Participation

- (a) Participation by high school students in summer programs must be voluntary and in no way be an actual or implied prerequisite for membership on a high school team.
- (b) Persons who coach a sport at a member school may have a maximum of 25 days of contact in that sport with students from that school during the period between the last day of classes in the spring each year and the beginning of school in the fall. Students may have a maximum of 25 days of contact per sport with persons who coach that sport at the school they attend during the same time period. A day of contact is defined as any date on which any coaching or instruction in the skills and techniques of any sport takes place. These limitations apply to all sports except Baseball and Softball.
- (c) Schools may transport students from their schools to summer league contests, coaching schools, clinics or other non-school contests in the summer during the contact day period outlined in (b) above.
- (d) Schools may conduct coaching schools, camps or clinics during the summer, provided:
 - (1) The event is conducted between the close of school in the spring and the beginning of school in the fall.
 - (2) The event is open to any high school student and is not restricted to students who have been or expect to be high school athletes.
 - (3) The event provides common instruction and activities for all participants.

6.10 Game Participation

- (a) Junior Varsity competition is restricted to 11th grade and below. In a situation where a senior is needed in order to conduct a game/match, the other team should be informed prior to beginning the game/match. Seniors are not allowed to compete at the Junior Varsity level simply based upon skill level.
- (b) Junior High competition is restricted to those in 8th grade and below, with the exception of soccer where 9th graders are allowed to participate at the Junior High level.
- (c) During basketball season, students may participate in no more than ninety (90) quarters in any one season, exclusive of tournaments. Junior High, Junior Varsity, and Varsity quarters should be added together to arrive at the total number of quarters played. The IACS also recommends that a student play no more than six (6) quarters per date, exclusive of tournaments.
- (d) The Illinois Elementary School Association (IESA) by-laws stipulate that when competing against another full-member of the IESA (public school), students are limited to play in no more than four (4) quarters per day.

ARTICLE 7

POST-SEASON TOURNAMENTS

7.1 General Information

The IACS strives to provide quality post-season tournaments for its member schools. It is important to note that quality post-season tournaments are a product of member school involvement and participation. Member schools are frequently called on to: host tournaments, serve/work at tournament sites, and make recommendations regarding locations, pairings, and other related items. In addition, the IACS also strives to maintain the highest level of professionalism, fairness and neutrality when organizing post-season tournaments.

The IACS Athletic Director shall oversee the coordinating of post-season tournaments.

7.2 State Tournaments & Dates

The IACS sponsors a variety of post-season state tournaments for member schools. Below are the tournaments sponsored by the IACS, as well as the weeks in which they occur (according to the IACS Standardized Calendar).

- | | |
|--|---------|
| (a) Junior High Girls Volleyball | Week 15 |
| (b) Junior High Boys Soccer | Week 15 |
| (c) Varsity Girls Volleyball | Week 16 |
| (d) Varsity Boys Soccer | Week 16 |
| (e) Elementary Boys Basketball | Week 31 |
| (f) Junior High Boys Basketball | Week 32 |
| (g) Girls Varsity Basketball | Week 33 |
| (h) Boys Varsity Basketball/Cheerleading | Week 34 |

7.3 Participation in Post-Season Tournaments

Participation in post-season is contingent upon the following guidelines:

- (a) School must be in compliance with the by-laws of the IACS Constitution and Athletic Handbook.
- (b) Payment of IACS dues must be up-to-date before participating in the post-season.
- (c) A schools Junior High and Varsity level teams must play a “full” regular season schedule. “Full” is defined as at least 1/3 of the total number games allowed (See Article 6).
- (d) Schools need to have their schedules posted on the IACS web site at the beginning of the season. Within 42 hours of each game, the result of the game needs to be entered.
- (e) Each school needs to have a representative at the seeding meeting or if they can not attend, must fax or e-mail their seeding ballot to the IACS athletic office at least 24 hours prior to the meeting.

- (f) If a school forfeits a post-season game, they can not advance in the tournament.

7.4 Regional & State Tournament Sites

During the post-season, certain member schools may have the opportunity to host a regional game or state tournament at their facilities. It is imperative that the IACS organize and maintain a level of professionalism while hosting these regional games and state tournaments. Therefore, the following guidelines must be met for a school to host a varsity boys' or girls' regional game and/or state tournament:

- (a) All court and field dimensions must meet the requirements set forth by the National Federation of State High School Association (NFSHA). These dimensions may be found in the NFSHA Rule Book. Each member school should have a current edition of the NFSHA Rule Book for each sport.
 - (1) Soccer
 1. Field Length (100-120 yards)
 2. Field Width (55-75 yards)
 3. Goal Dimensions (8 yards wide x 8 feet high)
 - (2) Volleyball
 1. Court Length (60 feet)
 2. Court Width (30 feet)
 3. Court Clearance (6 feet surrounding each side and end of the court)
 4. Net Height (7' 4 1/8")
 5. In addition to the above National Federation guidelines, the IACS requires that regional and state tournament sites must have a minimum 20-foot clearance above the court when measured from the floor to the lowest obstruction within the dimensions of the volleyball court.
- (b) All goal dimensions, basket and net heights, and equipment used by the host school must also meet the requirements set forth by the NFSHA.
- (c) It is the responsibility of each host school to assure that their facilities and equipment meet the requirements set forth by the NFSHA.
- (d) Any questions regarding these requirements may be directed to the IACS Athletic Director.
- (e) If a school earns the right to host a regional game but does not meet facility or equipment requirements set forth by the NFSHA, the following steps should be

taken:

- (1) The school earning the right to host the regional may reserve a different facility in the area which meets NFSHA requirements at the host school's expense.
- (2) If a different facility is not available, the opponent may have the right to host the regional contest at their school.
- (3) If the opponent's facility does not meet NFSHA requirements, then the opponent may reserve a different facility in the area which does meet NFSHA requirements.

7.5 Rules for Governing Post-Season Play

All rules for governing play during IACS Varsity Regional & State Tournaments will be those established by the National Federation of High School Association.

All rules for governing play during IACS Junior High & Elementary Regional & State Tournaments will be those established by the Illinois Elementary School Association (IESA) unless otherwise specified below:

- (a) Junior High Girls Volleyball will play the traditional 2 out of 3 game matches.
- (b) Junior High Boys Soccer will play 2 - 30 minute halves. If overtime is needed, it shall consist of 2 - 5 minute sudden victory halves. After the two overtime periods, the game shall be decided by a shootout (5 members from each side shooting from the penalty spot).
- (c) Elementary Boys Basketball will play 6 minute quarters and 3 minute overtimes. A smaller girl's basketball shall be used for post-season play. There shall be no full-court pressing until the last 2 minutes of each half. The three-point shot will not be used at the elementary level.
- (d) Junior High Boys Basketball will play 6 minute quarters and 3 minute overtimes.

7.6 Rules for Conference Play

There are no official IACS conferences, although conferences can be made. You may play any team, and there are no teams that you have to play. Your team record and the difficulty of competition will be two of the main factors in determining your seeding

position.

7.7 Awards

The IACS acknowledges athletic achievements and strives to reward these achievements at each state tournament. The host school for each state tournament will be responsible for ordering awards for that tournament. The following guidelines should be used for ordering awards:

- (a) All eight-team (or more) tournaments should award 1st, 2nd, 3rd, Consolation, and Sportsmanship trophies.
- (b) All other (seven teams or less) tournaments should award 1st, 2nd, 3rd, 4th and Sportsmanship trophies.
- (c) All varsity-level tournaments should present individual awards (Most Valuable Player, 1st-Team, 2nd-Team). The total number of awards given should equal at least 25% of the total number of starters in the tournament. For example, a basketball tournament with eight teams participating will have a total of 40 starters and 10 (25%) individual awards.

Players committing an intolerable offence during a tournament are not eligible for All-Tournament awards.

When voting for all-tournament teams, coaches may not vote for their own players. There will be a coaches meeting immediately preceding the awards ceremony to confirm the all-tournament teams.

- (d) Cheerleading competitions should present team awards for the following scenarios:
 - * 4-6 teams participating = 2 team awards
 - * 7+ teams participating = 3 team awards
- (e) Each member of a varsity-level state championship team should also receive a medallion commemorating the team's accomplishment.

ARTICLE 8

CHRISTIAN SPORTSMANSHIP

8.1 General Information

Since participation in athletics is a public display of our Christian testimony, the IACS expects the highest of standards concerning sportsmanship, attitude, and the overall conduct of fans, coaches, and participants. School administrators and coaches are responsible for monitoring conduct of fans, coaches, and participants before, during, and after each contest.

8.2 Guidelines for Athletic Contests

The following guidelines should be remembered when competing as a Christian school:

- (a) The officials are the authority for the competition. Whether participating or spectating, appropriate respect for the officials should be shown. (Romans 13:1, I Peter 2:13, 17).
- (b) Cheer for your team and players and not against the opponent. Make sure comments are positive and uplifting (Ephesians 4:29).
- (c) Keep in mind the importance of giving God the glory in whatever we do (I Corinthians 10:31).

ARTICLE 9 INTOLERABLE OFFENSES

9.1 Definition of Intolerable Offenses

The following infractions are considered “Intolerable” by the IACS:

- (a) Fighting
- (b) Foul or abusive language
- (c) Displayed or continual abuse of an official

9.2 Penalties for Committing an Intolerable Offense – Player

Any player guilty of committing one of the three Intolerable Offenses resulting in a card, (yellow or red), technical foul, or game ejection shall be dealt with in the following

manner:

- (a) 1st Offense: Player shall be disciplined by his/her school.
- (b) 2nd Offense: Player shall be suspended immediately from the current competition and from the next three games/matches at the level the offence occurred.
- (c) 3rd Offense: Player shall be suspended immediately from the current competition and deemed ineligible for the remainder of the regular season, any post-season play, as well as receiving any conference or state awards at the level the offence occurred.

9.3 Penalties for Committing an Intolerable Offense – Coach

Any member of the coaching staff guilty of committing one of the three Intolerable Offenses resulting in a card (yellow or red), technical foul, or game ejection, shall be dealt with in the following manner:

- (a) 1st Offense: Coach shall be suspended from coaching for the next contest at the level the offence occurred.
- (b) 2nd Offense: Coach shall be suspended immediately from the current competition and from coaching for the remainder of the regular season and post-season. If the offense occurs at the end of a season, the coach will serve a minimum game/match suspension of three contests at the level the offence occurred.

9.4 Documentation & Reporting of Intolerable Offenses

Each IACS member school is responsible for reporting any yellow/red card or technical foul to the IACS office. Game reports should be faxed or post-marked to the IACS office within 24 hours if the offense occurred Monday through Thursday. If the offense occurs Friday or Saturday, game reports should be faxed or post-marked by the following Monday.

9.5 Application of Intolerable Offense Penalties

Any suspension as a result of committing an Intolerable Offense shall apply to both the regular and post-seasons. Player suspensions do not carry over to the following school year. Coach suspensions, however, do carry over to the following school year.

9.6 Appeals Process for Intolerable Offense

An appeal of an official's decision may be made to the IACS Athletic Director. If the Athletic Director finds that both coaches agree that an official was incorrect in his decision regarding a yellow/red card or technical foul, the Athletic Director may uphold the appeal. If there is any disagreement between coaches and the IACS Athletic Director, the issue will be brought before the IACS Athletic Appeal Board. The Athletic Appeal Board shall make the final decision on any appeal. The player or coach in question may continue to play or coach until a final decision has been reached by the Athletic Appeal Board.

ARTICLE 10 DRESS & APPEARANCE STANDARDS

10.1 General Information

To maintain the testimony of our Christian schools and to promote high standards of dress and appearance, all guidelines set forth in this Article shall be maintained for all athletic contests.

10.2 Girls' Dress Guidelines

Girls' athletic apparel should be culotte-like in nature and should come at least to the top of the knee in length. Tight-fitting apparel of any kind is not acceptable for IACS play.

10.3 Boys' Appearance Guidelines

While participating in athletic contests, boys' hair must be off the ears, off the collar in back, and off the eyebrows in front. In general, haircuts should be neat and sharp in appearance. Wild styles, designs, and other worldly fads must be avoided. Hair standards are also applicable to the coaching staff.

10.4 Pre & Post-Contest Dress Guidelines

The IACS requests that all member schools have their athletes follow their school dress guidelines for dress/appearance before and after athletic contests whenever uniforms are not being worn. All IACS member schools are also responsible for making sure all athletes have a neat and presentable appearance for post-game/match awards ceremonies.

ARTICLE 11 PENALTY BY-LAWS

11.1 Authority of IACS Administration

Any violation of the IACS Athletic Handbook, Terms and Conditions, IACS Policies and Guidelines, and/or other rules of the Association shall be reported to the Athletic Director, who shall have the authority to investigate all alleged violations. The findings of the investigation shall be made known to the school(s) and/or person(s) alleged to have committed a violation. After consulting with the IACS President and Executive Director(s), the Athletic Director shall then have full authority to invoke penalties against such school(s) and/or person(s) found to have committed violations.

11.2 Penalties

Penalties shall include, but are not limited to:

- (a) Written warning or reprimand.
- (b) Mandated forfeit of athletic contest.
- (c) Suspension and/or expulsion from athletic participation.

Failure to take corrective action required by any penalty shall be the basis for further action, up to and including suspension and/or expulsion from athletic participation.

11.3 Filing Grievances

All member schools have the right to file an official grievance with the IACS office. Member schools should contact the IACS Athletic Director regarding any violations of IACS Athletic Policy.

11.4 Appeals Process

All member schools have the right to file an appeal with the IACS office concerning any penalty placed on a school and/or person(s). This appeal will be brought before the IACS Appeal Board for review. The Athletic Appeal Board shall make the final decision on

any appeal.

APPENDIX

The following four pages are documents which may be needed throughout the school year. Please use any of these documents as originals and make copies as needed.